

M/Y OCEAN'S SEVEN · WEST GREENLAND EXPEDITION

NUUK



ILULISSAT

8

EXPEDITION DAYS

16–24

AUGUST 2026 · NUUK → ILULISSAT

Aboard M/Y Ocean's Seven · 16 – 24 August 2026. Eight expedition days north along Greenland's west coast: the great fjord system behind Nuuk, the hanging glaciers of Eternity Fjord, the calving front at Eqi, and the iceberg procession of the Ilulissat Icefjord.

8

STOPS

THE LARGEST ISLAND ON EARTH

GREENLAND

Greenland is the largest island on Earth. Its rocky coastline, stretched into a single line, would run roughly 24,430 miles, close to the circumference of the planet at the Equator. Hardy Inuit communities sit on the edge of the massive Greenland ice cap, and pack ice and bergs calved from its glaciers drift through the waterways.

Bedrock some 3.8 billion years old broods beneath the water, and fjords fringe the western coast, as open to explorer yachting as any geography on the planet.

In the short, vivid summer, land and sea come alive. Migrating whales feed in these productive waters, seabirds fill the air, and caribou and muskoxen move across tundra blooming with moss and saxifrage.

16 Aug

EMBARK · NUUK

24 Aug

DEPART · ILULISSAT

20M

TONS OF ICE INTO DISKO BAY DAILY

UNESCO

ILULISSAT ICEFJORD WORLD HERITAGE

THE VOYAGE, REGION BY REGION

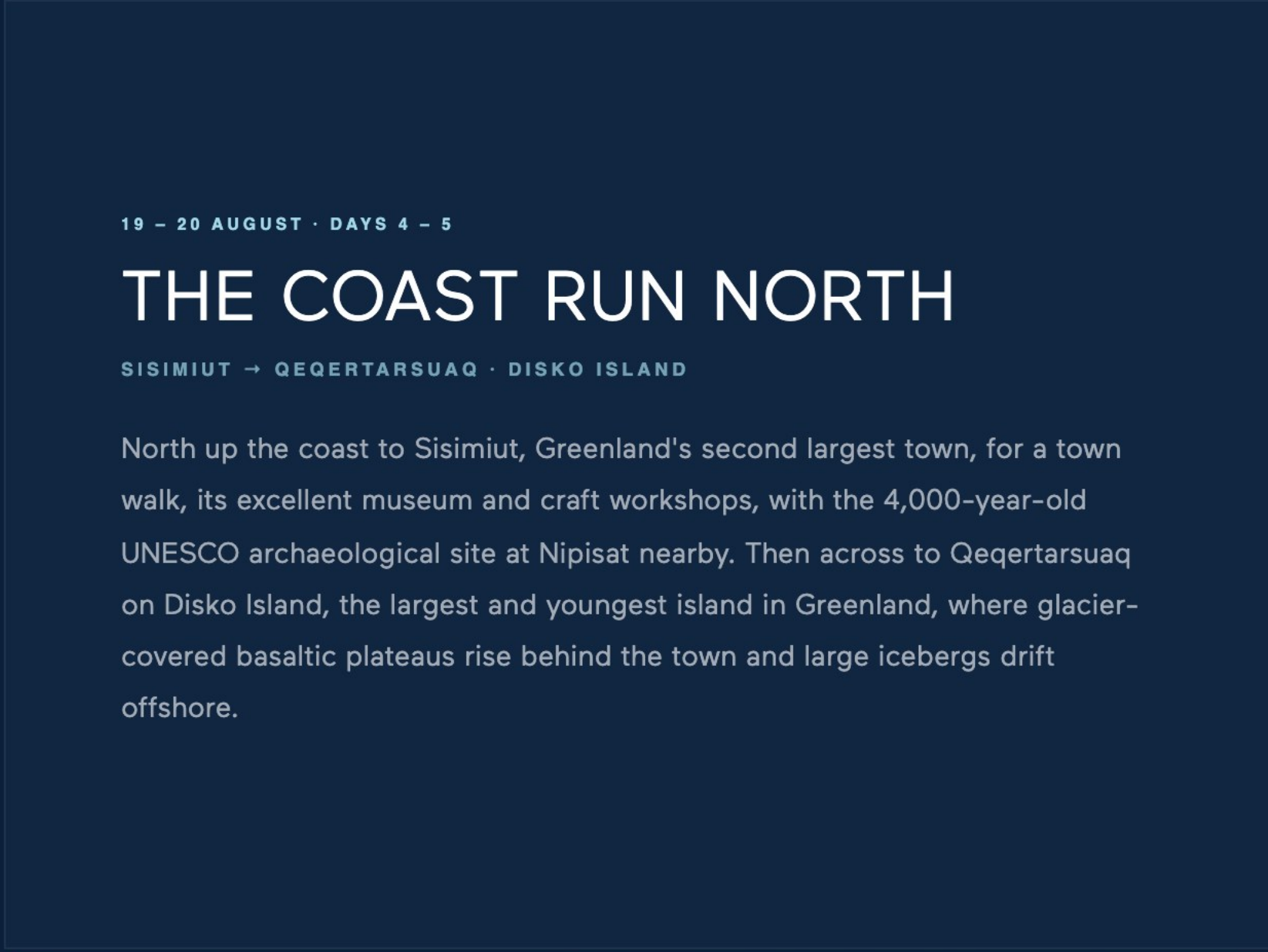


16 – 18 AUGUST · DAYS 1 – 3

NUUK AND THE GREAT FJORD

NUUK → NUUP KANGERLUA → EVIGHEDSFJORDEN

The voyage begins in Nuuk, Greenland's capital, with embarkation and a late-afternoon meeting with Aleqa Hammond, Greenland's first female Prime Minister. A full day follows in the fjord system behind the town, with hikes, kayaking and Zodiac cruising among waterfalls, humpback whales and icebergs. Then north to Evighedsfjorden, Eternity Fjord, where towering mountains and hanging glaciers surround the water and exploratory landings reach the tundra.



19 – 20 AUGUST · DAYS 4 – 5

THE COAST RUN NORTH

SISIMIUT → QEQERTARSUAQ · DISKO ISLAND

North up the coast to Sisimiut, Greenland's second largest town, for a town walk, its excellent museum and craft workshops, with the 4,000-year-old UNESCO archaeological site at Nipisat nearby. Then across to Qeqertarsuaq on Disko Island, the largest and youngest island in Greenland, where glacier-covered basaltic plateaus rise behind the town and large icebergs drift offshore.



02

Leg Two

19 – 20 AUG



03

Leg Three

21 – 24 AUG

21 – 24 AUGUST · DAYS 6 – 9

DISKO BAY AND THE ICEFJORD

EQI GLACIER → RODEBAY → ILULISSAT

Into Disko Bay for the calving front at Eqp Sermia, one of the few places to watch a glacier actively calving, massive pieces of ice breaking off and crashing into the sea. A village visit at Oqaatsut, known as Rodebay, then Ilulissat and its UNESCO-listed icefjord, fed by the most productive glacier in the northern hemisphere. On the final morning, a helicopter transfer to Kangerlussuaq meets the private jet.

ROUTE MAP

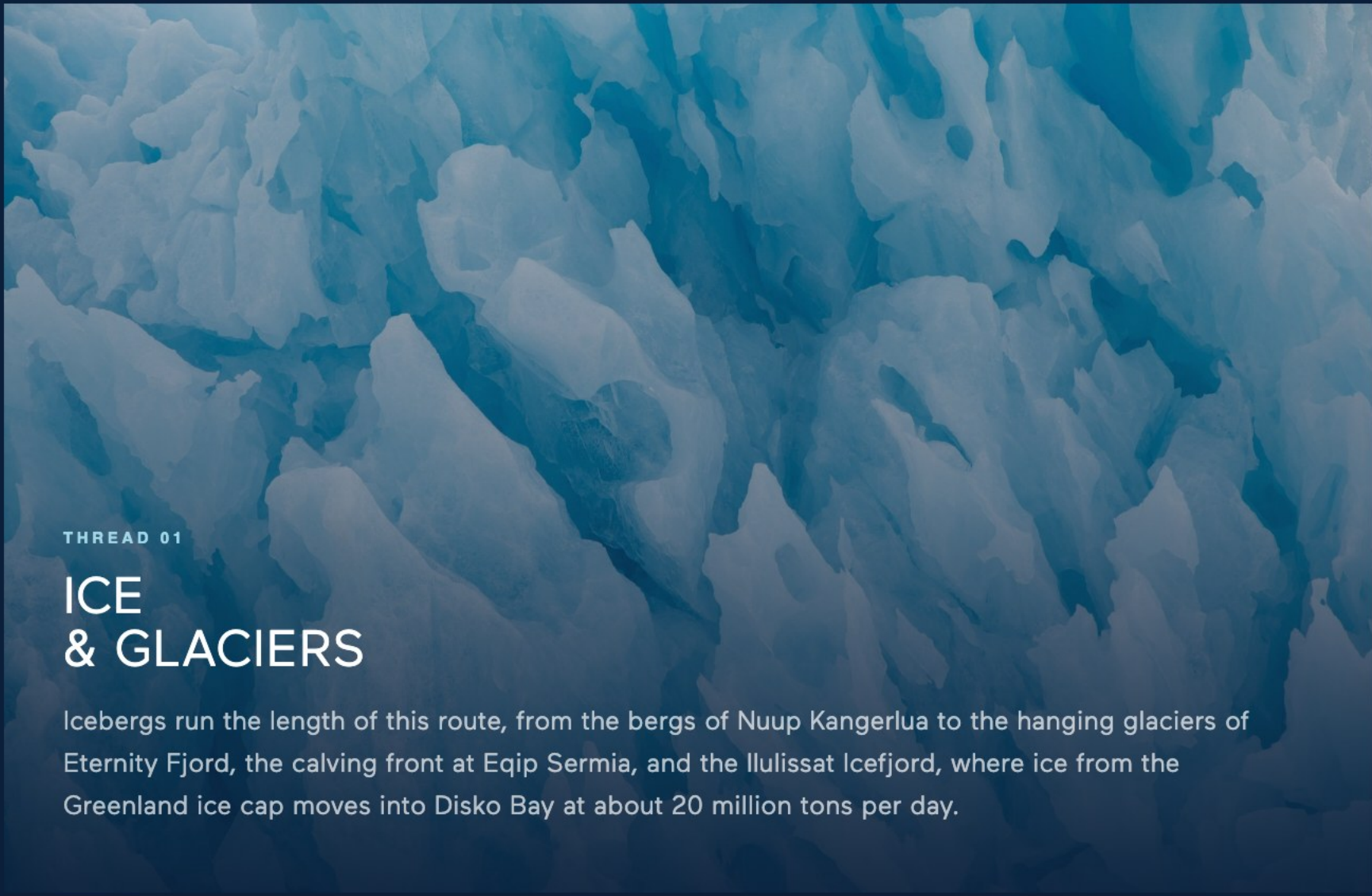
NUUK TO ILULISSAT GREENLAND'S WEST COAST

North from Nuuk through Eternity Fjord, Sisimiut and Disko Bay to the Ilulissat Icefjord.



KNOWLEDGE ACROSS THE VOYAGE

FOUR THREADS THROUGH GREENLAND



THREAD 01

ICE & GLACIERS

Icebergs run the length of this route, from the bergs of Nuup Kangerlua to the hanging glaciers of Eternity Fjord, the calving front at Eqip Sermia, and the Ilulissat Icefjord, where ice from the Greenland ice cap moves into Disko Bay at about 20 million tons per day.



THREAD 03

FJORDS & HIKING

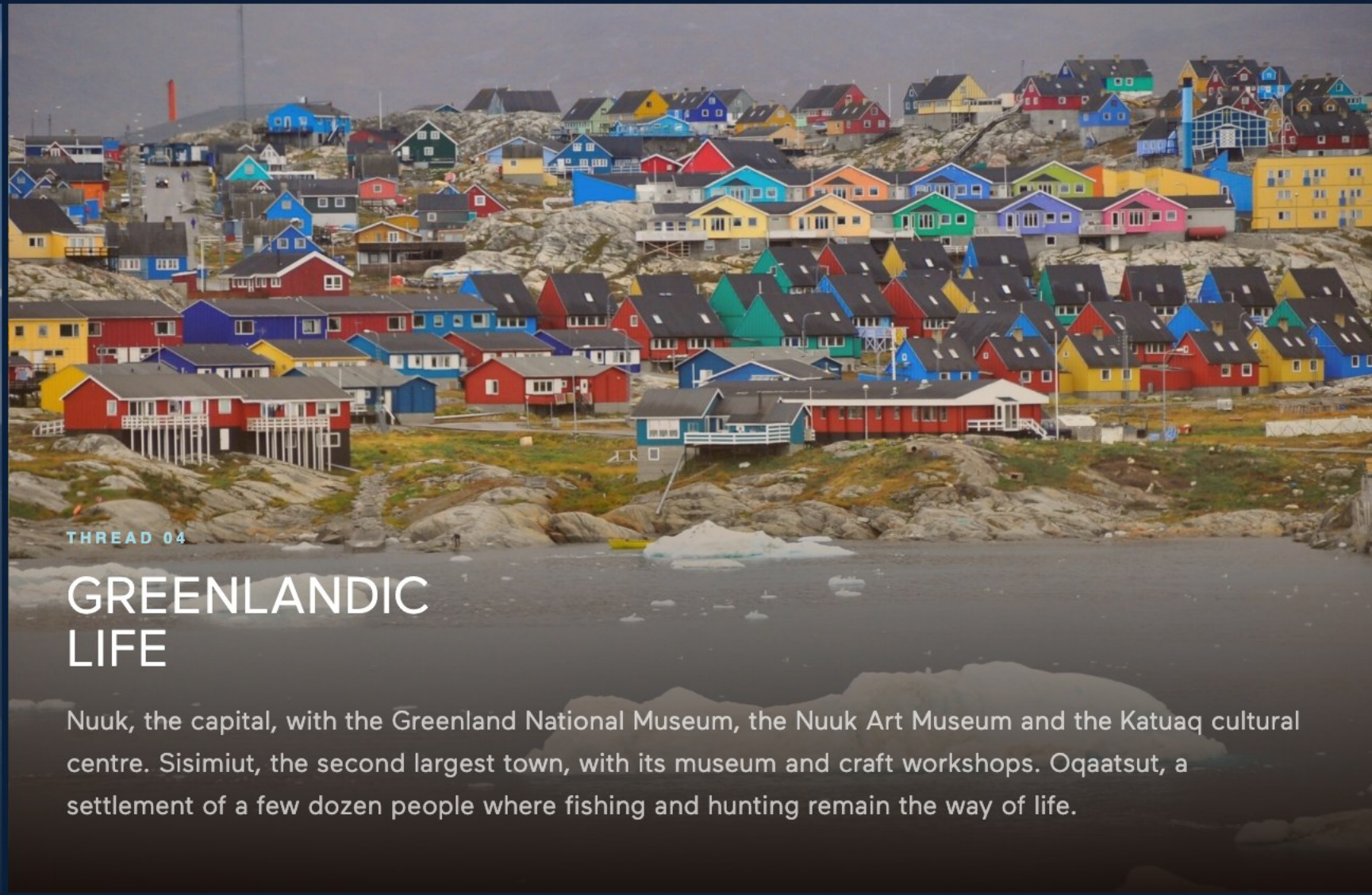
Hikes, kayaks and Zodiacs in Nuuk's fjord system, tundra walks in Eternity Fjord, and the trail through wildflowers to the old settlement of Sermermiut, with its view over the icebergs. Ice and weather set the pace; the itinerary stays flexible by design.



THREAD 02

ARCTIC WILDLIFE

Migrating whales feed in these productive waters through the brief summer, with humpbacks and icebergs sharing Nuuk's fjord. Seabirds fill the air, and caribou and muskoxen roam tundra blooming with moss and saxifrage.



THREAD 04

GREENLANDIC LIFE

Nuuk, the capital, with the Greenland National Museum, the Nuuk Art Museum and the Katuaq cultural centre. Sisimiut, the second largest town, with its museum and craft workshops. Oqaatsut, a settlement of a few dozen people where fishing and hunting remain the way of life.



*"Fjords fringe Greenland's western coast, as
inviting to explorer yachting as any geography
on the planet."*

WEST GREENLAND · NUUK TO ILULISSAT

NUUK, NUUP KANGERLUA, ETERNITY FJORD



16 AUG · EMBARK · DAY 1

NUUK

Arrival in Nuuk by private jet and embarkation. Greenland's capital holds 20,000 people, big-city lifestyle set against backcountry and a large fjord system. The Greenland National Museum shows mummies and Inuit skin boats, the Nuuk Art Museum holds local works, and the Katuaq cultural centre offers films, concerts and art.



16 AUG · LATE AFTERNOON · DAY 1

ALEQA HAMMOND

In the late afternoon, a meeting with Aleqa Hammond, one of Greenland's most influential modern leaders. In 2013 she became the first female Prime Minister of Greenland, and she has also served as chairman of the party Siumut and as a member of the Danish Parliament representing Greenland.



17 AUG · DAY 2

NUUP KANGERLUA · NUUK FJORD

A full day in the fjord system behind the capital: waterfalls, humpback whales and icebergs, with hikes ashore, kayaking and Zodiac cruising beneath the backdrop of Sermitsiaq mountain.



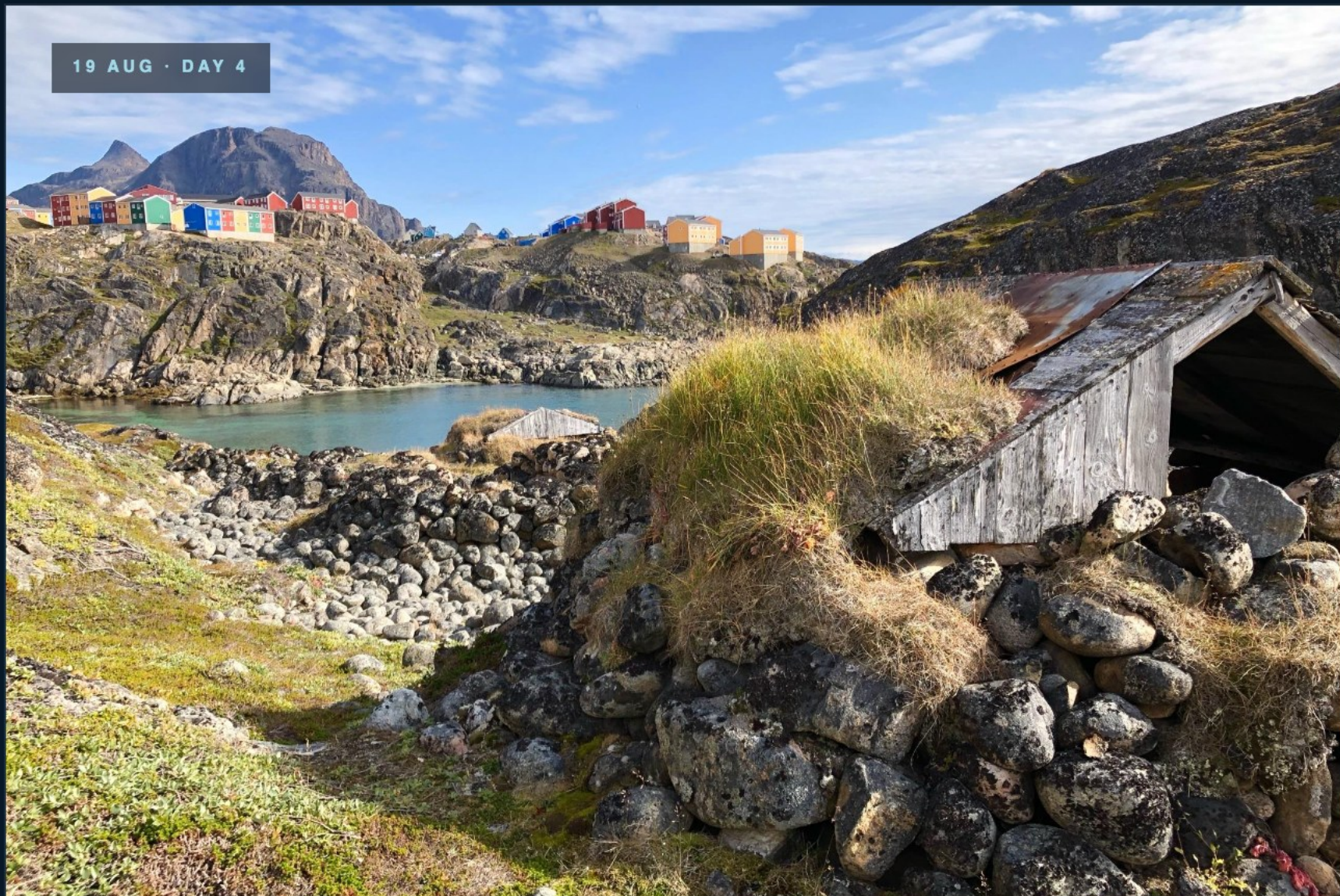
18 AUG · DAY 3

EVIGHEDSFJORDEN · ETERNITY FJORD

Sailing into ice-strewn waters where conditions set a flexible pace, the yacht arrives in Eternity Fjord, a beautiful area with towering mountains and hanging glaciers surrounding the water. Cruise the fjord for the scenery, explore the coast by tender or kayak, or go ashore for a hike in the tundra. Rare fjords, glacier fronts and exploratory landings.

SISIMIUT, QEQERTARSUAQ

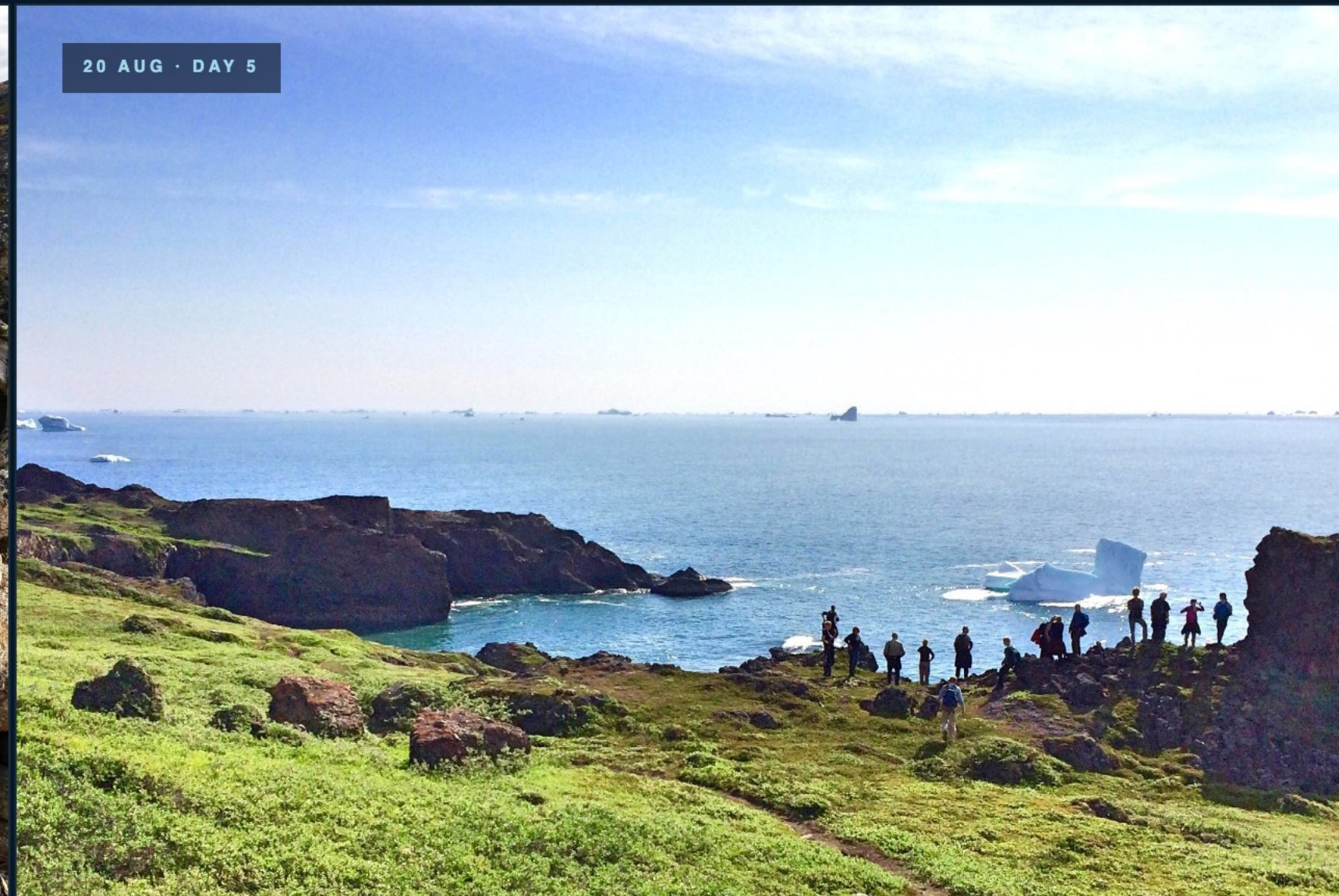
19 AUG · DAY 4



SISIMIUT · NIPISAT

Sisimiut, "inhabitants by the fox burrows," is the second largest town in Greenland, its port home to a large fleet of trawlers. A stroll through the charming community reaches an excellent museum, craft workshops and colourful houses dotting the mountainside. Nearby lies Nipisat, a UNESCO-listed archaeological site with a rare glimpse into over 4,000 years of human history.

20 AUG · DAY 5



QEQERTARSUAQ · DISKO ISLAND

Spectacular views of large icebergs greet the arrival at Disko Island, the largest and youngest in Greenland at only 50 million years old, with glacier-covered basaltic plateaus sliced by alpine troughs and glacial valleys. At Qeqertarsuaq, traces of a pre-Inuit settlement five to six thousand years old have been found; whalers founded the town in 1773, and hunting and fishing remain the primary occupations.

EQI, RODEBAY, ILULISSAT



21 AUG · DAY 6

EQIP SERMIA · EQI GLACIER

Eqip Sermia stands as a powerful symbol of nature's force, one of the few places to watch a glacier actively calving: massive pieces of ice breaking off and crashing into the sea, the sound echoing like thunder across the Arctic silence. As the climate warms, glaciers like this are changing faster than ever before.



22 AUG · DAY 7

OQAATSUT · RODEBAY

Oqaatsut, also known as Rodebay, is a small and peaceful settlement about 20 kilometres north of Ilulissat, home to only a few dozen people: colourful wooden houses, a small church and a local restaurant, with fishing and hunting still central to the community. Towering icebergs drift through the nearby waters, broken off from the Ilulissat Icefjord. A village visit and a hike, then cruising toward Ilulissat.



23 AUG · DAY 8

ILULISSAT

Ilulissat means "The Icebergs," set beside the fjord fed by Sermeq Kujalleq, the most productive glacier in the northern hemisphere. Its procession of icebergs moves down the 30 mile fjord into Disko Bay at about 20 million tons per day, and the icefjord is a UNESCO World Heritage Site. A trail through tundra wildflowers reaches the old settlement of Sermermiut, with a stunning view over the icebergs; sightseeing flights over the icecap and scenic cruising among the bergs are options.



24 AUG · DEPARTURE · DAY 9

DEPARTURE · KANGERLUSSUAQ

On the morning of 24 August, a helicopter transfer from Ilulissat to Kangerlussuaq, where the private jet departs. If time allows before the transfer, a final visit to the UNESCO site and the Sermermiut viewpoint.



THE YACHT

M/Y OCEAN'S SEVEN

M/Y Ocean's Seven is a 41.9-metre (137'6") expedition yacht, built by Kingship in 2012 and refitted in 2024, designed inside and out by Vripack on a steel hull.

She accommodates up to twelve guests in five staterooms, with a crew of nine, and carries a range of 4,500 nautical miles at 10 knots.

Stabilisers run at anchor and underway. On deck: a sundeck bar, a hot tub, sun and shade lounging, and gym equipment, with tender and water-toy storage for expedition days ashore.

YOUR EXPEDITION TEAM

POLAR GUIDES, GREENLAND-TESTED



EXPEDITION GUIDE

BEN HAGGAR

Ben Haggar is a Canadian Expedition Leader and Guide with 12 years of experience in the Polar Regions, based in Squamish, British Columbia. Ben holds a Senior Polar Guide certification from the Polar Tourism Guide's Association and has led trips in Greenland, Svalbard, the North West Passage and Antarctica, as well as Nepal, the European Alps and Southern Africa several times.

When Ben isn't guiding, he runs a successful photography business and has shot assignments in over 50 countries on all 7 continents for publications such as National Geographic, Outside Magazine, Men's Journal, and the National Post as well as international campaigns for top outdoor brands Patagonia, Arc'teryx and Rab Equipment.

Memorable highlights include bike-packing the largest ice-free portion of Greenland for National Geographic Traveler, working with the BBC on Frozen Planet II and Mammals documentaries, and filming avalanche rescue dogs for the IMAX feature Super Power Dogs. When Ben isn't guiding or shooting moving and still images, he loves spending time in wild places climbing, surfing, mountain biking and split-boarding.



ICE PILOT

JAMES GRIFFITHS

During his career, Captain James Griffiths has worked in a wide variety of roles onboard some of the best-known passenger ships in the world.

He was appointed Chief Officer onboard the Queen Mary 2 at the age of 25 and Master of the National Geographic Explorer at the age of 29. He was the Master onboard National Geographic Orion during her maiden antarctic peninsular season and was Master of the Star Legend during her inaugural season. He has been working in polar waters since 2008, when he was the ice officer onboard National Geographic Explorer in Antarctica.

Captain Griffiths is currently working as Senior Master of the Scenic Eclipse and has extensive Ice Navigation & Command experience in both Polar Regions including work as Ice Pilot. He also holds a Pilot Exemption Certificate for Svalbard, Advanced Polar Waters Certification and is a Nautical Institute 'Level 2' Qualified Ice Navigator. He has also worked shore side for Windstar Cruises in Maritime Operations, covering the duties of Fleet Captain and setup the 'Windstar Signature Expeditions' Project which included all aspects of program creation, from Itinerary development, budgeting, ship modification, purchasing and ultimately product delivery as 'Expedition Captain'.

Captain Griffiths holds an RYA powerboat instructor and has worked as 'Principal' of training centers in charge of training Expedition Staff in the use of Zodiacs in Polar regions.

THE PACKING LIST

Layers are everything. West Greenland in late August runs cool and changeable: clear and mild one hour, wind and rain off the ice the next. Pack for wet zodiac landings and bright glare on the water. Tick items off as you go: your progress is saved on this device.

Expect average temperatures between 0°C – 7°C (32 – 45°F), and conditions that change fast. Dress in layers so you can adjust through the day. A typical dress for a landing:

TOP

☐ Thermal underwear (top)

☐ Lightweight fleece / thermal top

☐ Heavy fleece top / sweater / parka liner

☐ Parka / waterproof shell

BOTTOM

☐ Thermal underwear (bottoms)

☐ Comfortable trousers (if insulated, you may not need thermals)

☐ Waterproof trousers

☐ Thick warm socks

☐ Fully waterproof rubber boots with sturdy, high-traction soles

EXPEDITION CLOTHING

- ☐ Warm hat, neck gaiter or buff, and a sun cap
- ☐ Insulated gloves plus thin liner gloves
- ☐ Comfortable soft shoes for aboard
- ☐ Sunglasses (polarised, UV400) *for ice glare*
- ☐ High-SPF sun protection and SPF lip balm

EQUIPMENT & PERSONAL

- ☐ Camera, lenses, memory cards, cleaning kit
- ☐ Extra camera batteries *(cold drains lithium fast)*
- ☐ Binoculars, 8×42 minimum, essential for wildlife and ice
- ☐ Waterproof dry bag (10–20L) for zodiac landings
- ☐ Small daypack for hikes (20–25L)
- ☐ Trekking poles *(useful on tundra and rock)*
- ☐ Personal medications: full trip supply plus extras in carry-on
- ☐ Seasickness medication for open-water passages
- ☐ Power adaptor (Greenland uses Danish Type C/F, 220V)
- ☐ Swimsuit for the hot tub

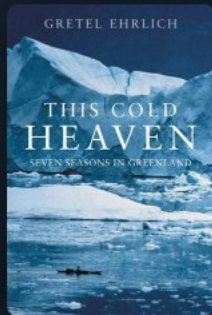
DOCUMENTS & LOGISTICS

- ☐ Passport (valid 6+ months beyond return, with blank pages)
- ☐ Travel insurance documentation: must include polar emergency evacuation
- ☐ This guide, downloaded offline on your phone
- ☐ Prescriptions in original packaging *(doctor's note if controlled)*
- ☐ Credit card with no foreign-transaction fees
- ☐ A small amount of Danish kroner (DKK) for purchases ashore

FOR THE VOYAGE

RECOMMENDED READING AND VIEWING

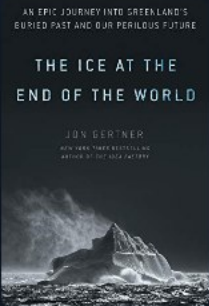
A short shelf for the days at sea. The first three are the classics of the north; the last three range from a Togolese traveller's years in Greenland to the sagas of the island's Norse settlers.



This Cold Heaven

GRETEL EHRLICH

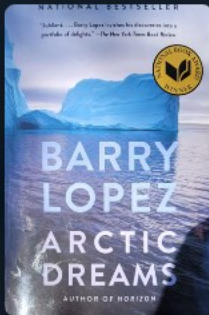
Seven seasons in Greenland. The best single book for understanding the land, the ice, and the Inuit communities you will pass.



The Ice at the End of the World

JON GERTNER

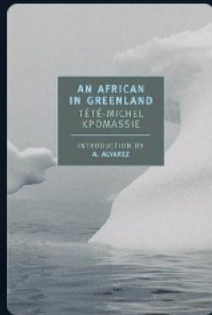
The story of the Greenland Ice Sheet, from Nansen's first crossing to the satellite era. Read it before you see the ice for yourself.



Arctic Dreams

BARRY LOPEZ

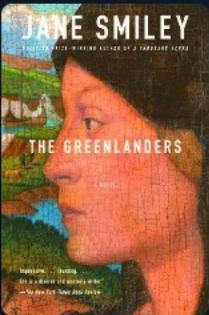
The definitive literary account of the far north and a National Book Award winner. Still the place to start.



An African in Greenland

TÉTÉ-MICHEL KPOMASSIE

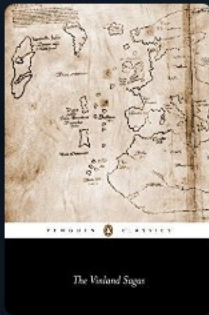
A teenager from Togo reads a book about Greenland and spends years working his way north. A warm, beloved Arctic travelogue.



The Greenlanders

JANE SMILEY

A sweeping novel of Norse Greenland: the medieval farming settlements whose ruins still stand along the island's southern fjords.



The Vinland Sagas

PENGUIN CLASSICS

The Saga of the Greenlanders and Erik the Red's Saga. Erik settled Greenland around 985, and the sagas follow the Norse voyages onward toward North America.

RECOMMENDED VIEWING



Chasing Ice

JAMES BALOG

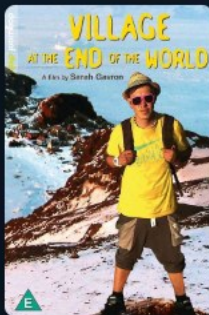
The Extreme Ice Survey documentary. Time-lapse footage of Greenland's glaciers retreating, including some you will see.



Frozen Planet II

BBC · DAVID ATTENBOROUGH

The Arctic episodes cover the wildlife and ice of exactly this coast. Watch "Frozen Lands" and "Frozen Oceans".



Village at the End of the World

SARAH GAVRON

An intimate portrait of life in a remote Greenlandic village of fifty-nine people. The human side of this coast.

BINOCULARS, SCOPES & TRIPODS

Binoculars are essential for quality viewing of distant wildlife and birds, and you will use them often, so it is worth investing in a quality pair. The first number is magnification, the second the front-lens diameter in millimetres; 8×42 or 10×42 are popular all-round choices. A short list across price ranges follows. For high-end options or individual advice, contact us.

BINOCULARS



Zeiss Conquest 10×42 HD

A golden-mean objective that still gathers light at dawn and dusk. Waterproof to 13', nitrogen-filled and fog-proofed, with HD glass and up to 90% light transmission.

Approx. \$999.99 USD



Vortex Razor HD 10×42

A step up, with a best-in-class HD optical system for the sharpest images in its class, covered by Vortex's lifetime warranty.

Approx. \$1,299.99 USD



Leica Trinovid 10×42 HD

Phase-corrected, multi-coated prisms for high-contrast, true-colour images. A light magnesium chassis with rubber armour, waterproof and fog-proof, plus Leica's Adventure Strap system.

Approx. \$999.00 USD



Nikon Monarch 5 10×42

Fully multicoated ED-glass optics and phase-corrected roof prisms in a rubber-armoured, fog-proof housing. A 5.5° field of view that focuses to within nine feet.

Approx. \$296.95 USD



Bushnell 12×42 H2O Porro

A compact, weather-sealed, fog-proof body with multicoated BAK4 prism glass for clear, bright, detailed images.

Approx. \$99.99 USD

Image-stabilised binoculars are available but tend to be expensive and heavy, so they are not included here.

SPOTTING SCOPES

Weigh portability against light-gathering: smaller 60–66 mm bodies travel easily, while larger objectives are brighter at distance and in low light. Angled eyepieces suit comfort, straight bodies are easier for beginners to aim. Eyepieces are sold separately on the Kowa models.



Kowa TSN-601 / 602 · 60 mm

A mid-sized 60 mm objective with good light-gathering in a compact, waterproof, fog-proof body. The 601 is angled, the 602 straight; eyepiece purchased separately.

Approx. \$500 USD



Kowa TSN-773 / 774 Prominar XD · 77 mm

XD (extra-low dispersion) glass and Kowa's C3 multi-coatings minimise chromatic aberration for crystal-clear, high-contrast images, in a magnesium-alloy body. The 773 is angled, the 774 straight; eyepiece required.

Approx. \$1,549 / \$1,600 USD



Vortex Razor HD 27-6085

A high-end scope: advanced optics deliver distortion-free, flat-field images with edge-to-edge sharpness, strong resolution and colour accuracy.

Approx. \$1,999.99 USD

TRIPODS

A good tripod that can carry a heavy scope is essential, since scopes are used mostly aboard. Heads are sold separately: look for a ball or video head that pans and tilts rather than a fixed camera head.



Manfrotto MT055XPRO3 Aluminium

A three-section support with a 19.8 lb load capacity that extends from 3.5" to 66.9". Quick Power Locks add rigidity, a centre column swings horizontal for low-angle work, and a 360° bubble level sits on the head mount.

Approx. \$208.87 USD

CAPTURING THE TRIP

PHOTOGRAPHY

The light, the wildlife and the ice make West Greenland one of the most rewarding places to photograph. A few things worth knowing before you sail.

IN THE FIELD

For the camera and lenses you bring on deck and ashore.

- A super-wide lens is ideal for the vast landscapes.
- For distant wildlife such as whales and seabirds, a fast, long lens or high zoom helps; image-stabilised lenses are recommended.
- Cold saps battery power: carry spares, and keep batteries close to your body to stay warm.
- Rain and sea spray are constant, so keep your gear in waterproof bags.
- Keep your camera on a strap on deck to avoid dropping it.
- Mind the weight of the gear you carry ashore.
- A tripod helps ashore but not on a moving vessel; a monopod or beanbag steadies shots aboard.
- Onboard internet is limited, so plan to keep photos on your phone or laptop. Recreational drones are not permitted in the Arctic (AECO).

ON YOUR PHONE

Tips for shooting on a phone.

- Tap to set focus, then nudge exposure down a touch: bright snow and ice fool auto-exposure and leave shots grey and flat.
- Turn on the grid and keep the horizon level; on open water a tilted horizon is the giveaway of a rushed shot.
- Use burst mode for wildlife and breaching whales: hold the shutter, pick the best frame later.
- Carry a microfibre cloth; sea spray on the lens is the most common reason a phone shot comes out soft.
- Cold drains phone batteries fast, so keep your phone in an inside pocket and bring a power bank ashore.
- In the long Arctic light, shoot toward the low sun and lock exposure on the brightest part of the sky for richer colour.



EYOS

WE'LL SEE YOU IN GREENLAND

Your EYOS expedition team is here for anything you need before departure.

EYOS EXPEDITIONS

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